

What to Bring

Here's a list of the things you'll need to bring with you on the river. These items will ensure you'll be comfortable on cool mornings and hot afternoons.

- 1 soft duffel bag or pack, no suitcases or frame packs
- 1 sleeping bag, warm to 32 degrees, and pad (bag and pad available to rent upon request)
- 1 swimsuit
- 1-2 pairs shorts
- 1-2 pairs long pants
- 1-2 long-sleeved shirts
- 3-4 short-sleeved shirts
- tennis shoes or strap-on sandals for river wear
- 1 pair of shoes or light boots for dry camp wear
- 1 set of synthetic long underwear for sleeping, or on-river insulation
- 1 synthetic/fleece sweater for river wear
- 1 heavy sweater or jacket for camp
- 1 hat for sun protection
- 1 hat for warmth (early and late season)
- sunglasses with retention strap
- 1 rain parka and pants (no ponchos)
- 1 small towel and toilet kit
- flashlight or headlamp
- sunscreen, toiletries

Optional

- reading material camera binoculars
- neoprene booties/gloves for warmth on the water
- biking gloves to prevent blisters while paddling
- tent (we provide, but if you prefer to use your own, please let us know)
- wet suit (we provide, but if you prefer to use your own, please let us know)
- fishing tackle (licenses can be purchased at Idaho sporting goods stores or through Idaho Department of Fish and Game online at fishandgame.idaho.gov, or toll free (800) 554-8685, with at least 4 weeks notice)
- additional drinks in unbreakable containers
(we provide about 2 beers and 2 sodas per person per day and wine with dinner)
- party shirt or skirt

Tips for the crew are at your discretion.

River Traveler Catalogue offers online shopping for your river apparel needs, cascadeoutfitters.com

What to Bring cont'd...

KAYAKERS and CANOEISTS need to bring all of your personal paddling equipment, including:

- helmet
- PFD
- spray skirt
- paddle
- sponge or bailer
- throw bag and optional rescue equipment

Paddle jacket and synthetic sweaters are usually all you need for warmth during July and August. We recommend that you bring dry tops or dry-suits for June trips. CANYONS provides a spare paddle for the group. Our kayaks are equipped with a stern air bag, adjustable hip pads, and adjustable foot braces. Knee pads are glued down and all canoes have air bags and painters. We bring along spray adhesive and minicell foam for custom outfitting if needed.

To accommodate space and weight constraints, we ask that you limit your baggage weight of the preceding list to 35 lbs. and pack your things into duffel bags or soft pack; no suitcases, external frame packs, or wheeled luggage.